# Little SPARK: Simple Play Adaptations to Reference for Kids

## Tangle Junior

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| **Description:** | **Image:** |
| Tangle Jr. is small, smooth and colorful. It has multi-colored segments that are joined together to twist, turn, and move. It can be used with one or two hands together. This is considered a quiet fidget.  [Purchasing Information](https://shoponline.pfot.com/tangle-toys.html) | Tangle Junior - small multi-color continuous twisty hard plastic tube. |

**Who Might Benefit?**

For those who need support with self-regulation, sensory input, or focus through fidgeting, or seeking tactile engagement to calm themselves or maintain attention.

**Why Use?**

Self-regulation, quiet self-calming activities, tactile exploration, improved fine motor skills and grip strength, and focused fidgeting.

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| Instructions for Use: | Adaptation Ideas: |
| **Environmental Considerations**   * Use in all settings and in group and one-on-one activities.   **Positioning**   * Use in any position; seated, standing, on the floor, etc.   **Basic Play/Use**   * Open ended exploration (ex. touch, twist, pull, squeeze). | **Contain It**   * Place ball in sensory bin or attach straps to secure on chair, etc.   **Communication Supports**   * Visual supports like communication cards and social narratives can help a child communicate their feelings.   **DIY Alternatives**   * Inexpensive stretchy headband, add your own sensory cues. |

### Words to Encourage Play/Use

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| **Push**  Child pushing rock away. | **Pull**A child pulling a rock toward them. | **Squeeze**A hand squeezing a yellow ball. |
| **Twist**Hands twisting a blue towel. | **Quiet**Person with index finger in front of lips saying “Shh” | **CalmA child in a blue shirt comforting another child in a green shirt who is smiling.** |
| **AnxiousFace with eyebrows coming together, eyes and teeth clenching with worry.** | **AngryFace with eyebrows pointing down and scowling mouth.** | **Help**  **A child kneeling on his knee and another child reaching toward the kneeling child.** |

\*”Adaptations” adapted from: Haugen’s Modes for Adapting Toys based on materials from the "Let's Play" Project at the University of Buffalo

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